

s(hower)er



1. hair.

Dime-size glop of shampoo. Scrub with your crab-claws. Get behind your ears!

2. face.

Use both of your flat, whole hands and scrub.

3. chest and back.

Dime-size glop of body wash at a time on the washcloth, or use the bar soap.

4. arms.

Start with the pits and go all the way to your fingertips.

5. privates.

You know what to do! Pay attention!

6. legs.

Start between them and go all the way to your heels and toes.

**rinse off !
turn off !**

get into a warm towel !